



European Foresters Competition in Nordic Skiing 9. - 15.2.2025 Nové Město na Moravě - Vysočina arena (Czech Republic)

Welcome

Hello to all traditional and new participants,

Welcome to the 55th edition of the European Foresters Competition in Nordic Skiing!

After many years, the competition returns to the Czech Republic and we would like to build on the success of the one in Harrachov. This time we will be welcomed by Nové Město na Moravě in the Highlands, the cradle of cross-country skiing and ski manufacturing. The current biathlon arena, one of the most modern and a traditional host of World Cups and World Championships, will open its doors to foresters from many European countries for a whole week. I am looking forward to enjoying a wonderful time together, not only during the sporting events, but also while getting to know the region through excursions, tasting local specialities, entertainment and technical topics. We will strengthen long-standing friendships and establish many new ones.

Thank you to all the partners and volunteers who contributed financially or lent a hand to make our event a mutual success.

It is an honour to welcome you for a whole week in the Czech Republic, during the European Foresters' Sports Day!

Jiří Beran

Chairman of the EFNS 2025 Organising Committee



Programme

Sunday 9.2.2025

10:00 - 20:00

Arrival of participants Race office - Vysočina Arena

Special offer - long distance run, ski marathon, worldlopett - Jizerská 50, possibility of participation - individually

Monday 10.2.2025

8:00 - 10:00 / 17:00 - 19:00

Race Office - Vysočina Arena

8:30 - 18:00

Excursions, Day and half-day trips, Meeting point and departure of buses - Vysočina Arena, Accreditations to be presented at the departure of the buses

9:00 - 14:00, 18:00 - 20:00

Free cross-country ski training - Vysočina Arena

Tuesday 11.2.2025

8:00 - 10:00 / 17:00 - 19:00

Race Office - Vysočina Arena

8:30 - 18:00

Excursions, Full day and half day excursions, Meeting and bus departure point - Vysočina Arena, Accreditations to be presented on departure of buses

9:00 - 14:00, 18:00 - 20:00

Free cross-country skiing training available - Vysočina Arena

19:00 - 20:30

Opening ceremony - participants gather in front of the cultural centre and move to the square: ceremony and welcome drinks.

Wednesday 12.2.2025

8:00 - 20:00

Race Office - Vysočina Arena

9:00 - 12:00

Official cross-country training, shooting practice (accreditation required)

12:30 - 13:30

Team leaders meeting - Vysočina Arena

13:30 - 14:30

General meeting of the International Committee - Vysočina Arena

16:00

Individual free technique race (under artificial light)



Thursday 13.02.2025

9:00 - 20:00	Race Office - Vysočina Arena
10:00	Individual classic technique race
15:00	Awards ceremony of the individual race - Vysočina Arena
20:00	Registration for relay race - Race Office
20:00	Forestry evening - Vysočina Arena

Friday 14.02.2025

9:00 - 18:00	Race Office - Vysočina Arena
9:00	Distribution of starting numbers to team leaders - Race Office
10:00	Relay race
13:00	Festival of Nations - Vysočina Arena
19:00	Closing evening, relay race ceremony, dinner, cultural programme

Saturday 15.02.2025

9:00 - 12:00	Race Office - Vysočina Arena
	Departure of participants



Locations

Vysočina Arena - biathlon stadium

The race office is located directly in the administrative building of the ski stadium. The stadium will be used for training, races, the Festival of Nations and the award ceremony for individual races. The administration building will be the venue for the team leaders' and international committee meetings and the forestry conference.

Entrance to the entire venue is free for all EFNS participants (runners or escorts) on presentation of an accreditation card from Monday to Friday. Warming up is possible throughout the race in the public area of the venue. A refreshment and food stand will be available on the premises. A large car park is part of the venue.

Each group of participants will have lubrication cells on the grounds. The cells will be marked, the group leader will collect the key from the race office and return it after the race. The key deposit is 50€.

Square Nové Město na Moravě

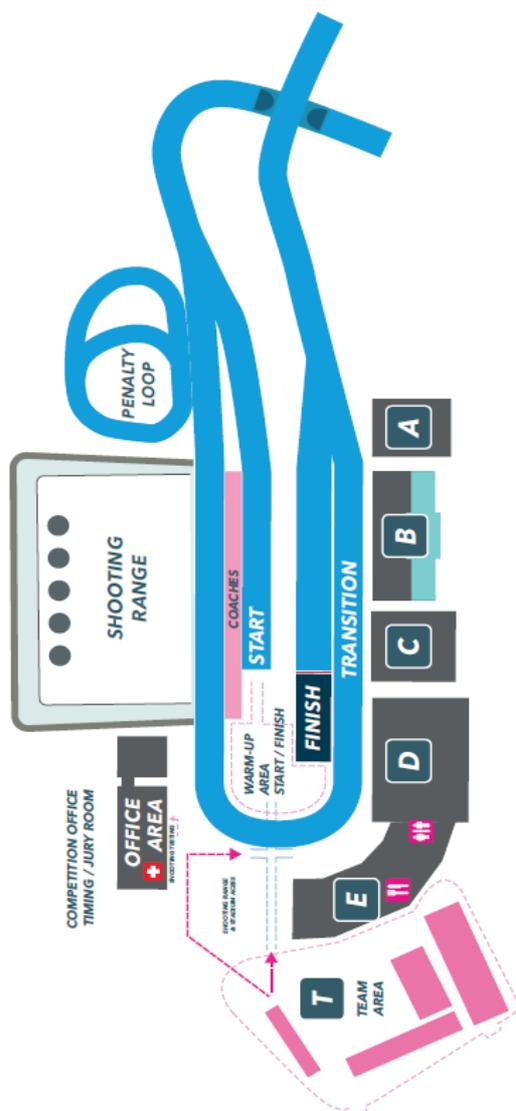
The opening ceremony will take place here, the parade will start from the cultural centre at 1001 Tyršova Street.

House of Culture Žďár nad Sázavou

Here the closing evening takes place, 15 minutes drive from Vysočina Arena. Bus transport will be provided for the closing evening. Address: Dolní 183/30, 591 01 Žďár nad Sázavou. There is a car park on site.



STADIUM PLAN



Competitions

The competitions are held in accordance with the current rules of the EFNS sports and competition regulations.

Starting numbers will be given to the team leaders; the same starting number must be used for both individual races.

The timing chips are handed out at the start of each race and with the starting numbers for the relays. A fee of €100 will be charged for each chip that is not returned at the end of the race.

The race will be timed every 20 seconds according to the list published on the EFNS.eu website. The race will be timed by Sportsoft and the Nové Město na Moravě Ski Club. Results will be published online during the race and will be available on the EFNS.eu website and posted in the race area.



Shooting range

Ecoaim optical biathlon systems will be used at the competition.

- 5 shots at 10 m from a laser rifle in standing position with support for all categories
- 20 shooting states, rifles are double sided, same for right and left handed shooters, colour coded stock lengths - 3 sizes according to body height
- each wrong shot results in a penalty round (children's categories at 50 m, adults at 150 m)

Shooting training will take place on Wednesday 12 February from 9.00 to 12.00, accreditation must be presented (10 shots per participant).

On Wednesday and Thursday, ECOAIM will hold a workshop on laser shooting, which will be open to all interested parties.

Disqualification

Failure to comply with the regulations, in particular:

Participants using free technique in classic competition

Participants who violate safety rules at the shooting range

Participants who start without a timing chip

Competition Committee:

EFNS technical delegate: Heinrich SCWHINGSHACKL (Chairman)

Competition director: Josef Gabriel

Shooting range manager: Miloš Buchta

Elected members: two representatives of the team leaders



Categories for individual races

category	distance	shooting	birth year	tracks
Kids W10 and M10	W: 2 km M: 2 km	Laser Penalty lap 50 m	2013 and under	2 x 1 km
Students W13 and M13	W: 4 km M: 4 km	Laser Penalty lap 50 m	2010 - 2012	2 x 2 km
Juniors W16 and M16	W: 6 km M: 6 km	Laser Penalty lap 150 m	2007 - 2009	3 x 2 km
W19 and M19	W: 6 km M: 11 km	Laser Penalty lap 150 m	1995 - 2006	3 x 2 km 5 x 2,2 km
W31 and M31	W: 6 km M: 11 km	Laser Penalty lap 150 m	1985 - 1994	3 x 2 km 5 x 2,2 km
W41 and M41	W: 6 km M: 11 km	Laser Penalty lap 150 m	1975 - 1984	3 x 2 km 5 x 2,2 km
W51 and M51	W: 6 km M: 11 km	Laser Penalty lap 150 m	1965 - 1974	3 x 2 km 5 x 2,2 km
W61 and M61	W: 6 km M: 11 km	Laser Penalty lap 150 m	1955 - 1964	3 x 2 km 5 x 2,2 km
W71 and M71	W: 6 km M: 11 km	Laser Penalty lap 150 m	1945 - 1954	3 x 2 km 5 x 2,2 km
W81 and M81	W: 6 km M: 6 km	Laser Penalty lap 150 m	1944 and older	3 x 2 km
W and M disabled	W: 6 km M: 6 km	Laser Penalty lap 150 m	All	3 x 2 km

If a category has less than 3 participants, it will be merged with the adjacent (faster) category.

Categories for relay races

category	distance	technique	tracks
W10 and M10	3 x 1 km	1 CT + 2 F	1 km
W13 and M13	3 x 2 km	1 CT + 2 F	2 km
W16 and M16	3 x 4 km	1 CT + 2 F	2 x 2 km
Women under 50	3 x 4 km	1 CT + 2 F	2 x 2 km
Women over 51	3 x 4 km	1 CT + 2 F	2 x 2 km
Men under 50	4 x 8 km	2 CT + 2 F	4 x 2 km
Men over 51	4 x 8 km	2 CT + 2 F	4 x 2 km

Registration for the relay race can be made by e-mail or in person and must be submitted by Thursday, 13 February, 8 pm., by post or at the competition office.



1 000 m





2 000 m
(1 980 m / 45 m)





Excursions

Excursion 1: Forestry management on Kinský Žďár, a.s. property, castle, Zelená hora (UNESCO)

Price (including lunch in the restaurant): 60 €

Departure from Vysočina Arena at 8:30 am - return around 4:00 pm

Programme:

On this forestry/cultural excursion you will see the management of a private forestry property, the conversion of a grazing forest to a selective forest, undergrowth management and a nature reserve. You will see the Kinský Family Castle (originally a monastery) and climb to the pilgrimage church of St. John of Nepomuk, an exceptional building with a five-pointed star shape, which was created thanks to the fruitful cooperation of the abbot of the Žďár monastery, Václav Vejmluva, and the brilliant architect Jan Blazej Santini-Aichel. In 1994, the site was included in the UNESCO World Natural and Cultural Heritage List.

Excursion 2: Forestry management on the property of Thienen - Serényi, s.r.o., castle, brewery

Price (including lunch in the restaurant): 60 €

Departure from the Highlands Arena at 8:30 am - return around 5:00 pm (1 hour drive)

Programme:

On this forestry/cultural excursion you will see the management of a private forestry estate belonging to an old Hungarian family that settled in Bohemia and Moravia.

You will see the Lomnica Castle and visit the local brewery with a beer brewing demonstration and tasting.

Excursion 3: Wood processing industry Sawmill Javořice, a.s., brewery Litovel

Price (including lunch in the restaurant): 60 €

Departure from Vysočina Arena at 8:30 am - return around 5:00 pm (1.5 hour drive)

Programme:

On this woodworking/cultural excursion you will see the whole process of spruce log processing up to the production of lumber for the construction industry. The only sawmill in Czech hands, without foreign capital.



You will visit the Litovel brewery, which has over 700 years of brewing tradition. Tour of the brewery with tasting.

Excursion 4: City of Litomyšl (UNESCO)

Price (including lunch in the restaurant): 60 €

Departure from Vysočina Arena at 8:30 am - return around 5 pm (1 hour drive)

Programme:

Cultural excursion, visit to the city of Litomyšl with a tour of the historical core of the city and the contemporary modern architecture in the city. Visit to the castle hill, the castle and the castle grounds, which was included in the UNESCO World Heritage List in 1999.

Excursion 5: City of Třebíč (UNESCO)

Price (including lunch in the restaurant): 60 €

Departure from Vysočina Arena at 8:30 am - return around 5 pm (1 hour drive)

Programme:

Cultural excursion, visit to the city of Třebíč with sightseeing of historical monuments. Story of the Benedictine Abbey - castle grounds, St. Procopius Basilica. Jewish Quarter, Synagogue, Cemetery - tour and stories of Třebíč Jews - Children of Antonín Kalina. The Jewish Quarter and St. Procopius Basilica in Třebíč were included in the UNESCO World Heritage List in 2003.

Excursion 6: Nové Město na Moravě - the town of skiing and skiing

Half-day excursion (without lunch). Price: 20 €.

Meeting on the square in front of the information centre at 8.30 a.m. - ending around 1 p.m.

Programme:

Guided tour of the town, visit to the Horace Museum with skiing exhibition. You can also learn about the history of skiing and traditional ski production in Nové Město na Moravě at the small museum of the Slonek family, where a large collection of historical skis and bindings is on display.

A visit to the Kästle, a.s. ski factory producing Sporten and Kästle skis. Skis have been produced in Vysočina for more than 120 years.

All excursions will be conducted with a guide or interpreter in English and German. Buses will be marked for the language.



Transport

The organizer can arrange shuttle service to the cross-country skiing area. The timetable and routes will be published before the competition, according to the accommodation of each group of participants and their demand for shuttle service.

Transportation to and from the final evening will be provided.

Groups requiring transport from the airport to the competition venue and back can send a request to: kasik@csad-tisnov.cz or phone +420 602 539 467. Some groups have already accepted this offer.

Cross-country ski races

On the weekend before the 55th EFNS, the Czech Republic will host a long-distance cross-country ski race, part of the Worldlopett series, the Jizerská 50. The offer was given to the team leaders.

Those interested can find out more at www.jiz50.cz

The race takes place in Bedřichov in the Jizera Mountains on 8-9 February 2025. The distance from Nové Město is about 3 hours drive.

Forestry evening - conference

Management of private forests in the Czech Republic - Ing. Jan Sovák, Kinský Žďár, a.s.

Nature protection and its influence on forest management - Ing. Zdeněk Záliš, Žďár Hills Protected Landscape Area

Hunting - return of large carnivores, their protection and influence on game management - Mgr. Miroslav Kutal, Ph.D., Mendel University

Thursday 13 February 2025, 20.00 - Vysočina Arena, conference room



Prices and fees

The EFNS is open to all workers, students and retirees in the forestry and timber industry and their families.

Registration runs from 20 December 2024 to 15 January 2025 at EFNS.eu

Registration options	Price per participant
1 individual + relay race	75 €
2 individual races + relay race	85 €
Relay race only	50 €
All youth races (2000 and younger)	free
Chaperone	50 €
Closing ceremony	50 €
Closing Ceremony - Youth (2011-2019)	25 €
Closing Ceremony - Children (2020 and younger)	free
Excursions	
1. Kinsky Forestry	60 €
2. Thienen - Serényi Forestry	60 €
3. Javořice Timber Industry	60 €
4. City of Litomyšl (UNESCO)	60 €
5. City of Třebíč (UNESCO)	60 €
6. Nové Město na Moravě	20 €



Registration includes:

- welcome pack
- entrance to the opening ceremony
- entrance to the forestry conference
- access to the Vysočina Arena ski area the whole week
- access to the shuttle service

Payment information

Deadline: 20.1.2025

Account name: SPAL-L

Beneficiary: SPAL-L, z.s.
Smetanova 371
549 54 Police nad Metují
Czech Republic

Bank: Československá obchodní banka, a. s.
Radlická 333/150
150 57 Prague

IBAN: CZ79 0300 0000 0002 4899 8345

BIC (SWIFT): CEKOCZPP

We look forward to seeing you at the 55th EFNS in Nové Město na Moravě, Czech Republic

Contact:

Jiří Beran, Chairman of the Organizing Committee
jirik.berousek@email.cz
efns2025@email.cz
+420 776 121 692